

-----NEW COVID-19 POLICIES-----

- All staff, providers, and patients (clients) are asked to stay at home if they feel sick, experience any (significant) symptoms, or have been exposed to anyone with the virus. (If you feel well-enough for a session, you can ask your therapist to have a telehealth session.)
 - No individual should enter a PCA office if they tested positive for COVID-19, have a fever over 100 degrees, or feel sick in general.
 - If you have had a recent close contact (15 minutes of direct contact) with anyone, please take a COVID test. If you are not experiencing any symptoms and test negative, you may attend an in-person session with a mask.

- **Masks are optional in general.** It is up to individuals and individual families to determine their health risks and vulnerabilities.

- **Masks are required in the following situations:**
 - If you had a recent close contact and test negative
 - If you are experiencing mild symptoms, including but not limited to cough, runny nose, sore throat, and sneezing. (Telehealth is preferred here)
 - If a patient (client) asks a therapist
 - If a therapist asks a patient (client)
 - Anytime Community Transmission levels are HIGH

- All staff, providers, and patients (clients) are encouraged to wash their hands or use hand sanitizer before each appointment